

Stori Claire – Swyddog Diogelwch

Gadewais yr ysgol a dechrau mewn swydd adwerthu, ond ni feddyliais erioed ei bod yn yrfa hirdymor i mi. Deuthum ar draws rôl gweithiwr gofal dydd a dechreuais weithio'n rhan amser rhwng 4 a 6pm bob dydd i ddechrau. Mwynheais weithio gyda'r plant, yn araf bach cynyddais fy oriau i amser llawn. Cwblheais fy NVQ lefel 3 mewn gofal dydd preifat tra'n gweithio. Dros 14 mlynedd yn ôl, dechreuais gyda thîm Dechrau'n Deg, a symud ymlaen i fod yn Swyddog Diogelwch.

Ar ôl profi gwahanol fathau o waith gofal, sylwais fod gofal plant a gofal cymdeithasol yn cael eu sefydlu'n wahanol, ond mae'r ddau yn yrfaedd gwerth chweil.

Mae'r gwerthoedd sydd eu hangen i weithio mewn gofal yn cynnwys:

- Tosturi
- Parch
- Anfeirniadol
- Teulu/person yn ganolog.

Fy rôl:

Rwy'n derbyn atgyfeiriad gan asiantaeth allanol, yna byddaf yn gwneud apwyntiad i weld y teulu.

Rwy'n cynnal adolygiad diogelwch, gan symud o ystafell i ystafell yn siarad am risgiau a pheryglon posibl. Eu cysylltu ag oedran a datblygiad y plentyn. Rydym yn trafod atebion diogel ac rwy'n cynnig offer diogelwch am ddim.

Rydym yn datblygu cynllun gweithredu gyda nodau mesuradwy ac yna'n cyfeirio at asiantaethau eraill os oes angen.

Mae'n werth gwyllo'r teuluoedd yn datblygu a chydabod y newid ynddynt eu hunain. Dysgu sut i reoli amgylchedd eu cartref, i'w wneud yn ddiogel.

Mae rhai teuluoedd rwy'n gweithio gyda nhw mewn argyfwng, felly rwy'n adeiladu perthynas gan ddefnyddio sgiliau cyfathrebu a gwrando gweithredol.

Mae gofal cymdeithasol yn rhoi cyfleoedd i chi ddatblygu, cyflogaeth hirdymor a gyrfa werth chweil. Wnes i erioed sylweddoli faint o bobl oedd yn defnyddio gwasanaethau gofal a chymorth.

Mae gofal cymdeithasol yn golygu i mi, gwneud gwahaniaeth i fywydau pobl sydd wir ei angen.

Cyfeirio at CBAC – TGAU Iechyd, Gofal Cymdeithasol a Gofal Plant

Rhan 1.1: Twf a datblygiad Dynol.

Rhan 1.3: Ymyrraeth Gynnar, ac atal.

Rhan 2.3: Risgiau i iechyd a lles.

Cymorth athrawon

1. Rhestrwch bum cam bywyd twf a datblygiad.
2. Pam mae ymlyniad diogel gyda gofalwyr yn bwysig i blant?
3. Meddylwch am eitem a allai fod yn annïogel i blentyn a geir mewn cartref? (Er enghraifft, batri bach).
4. Pwy fyddai'n gweithio mewn partneriaeth â Claire?

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Claire's story – Safety Officer

I left school and started in a retail position, but never thought it was a long-term career for me. I came across the role of a day care worker and started initially part time working 4-6pm each day. I enjoyed working with the children, slowly I increased my hours to full time. I completed my NVQ level 3 in private day care while working. Over 14 years ago, I started with the Flying Start team, and progressed to a Safety Officer.

Having experienced different types of care work, I noticed that childcare and social care are set up differently, but both are rewarding careers.

The values needed to work in care include:

- Compassion
- Respect
- Non- judgemental
- Family / person centred.

My role:

I receive a referral from an external agency, I then make an appointment to see the family.

I undertake a safety review, moving room to room talking about potential risks and hazards. Linking them to the age and development of the child. We discuss safe solutions and I offer free safety equipment.

We develop an action plan with measurable goals and then refer to other agencies if required.

It is worthwhile watching the families progress and recognise the change in themselves. Learning to manage their home environment, to make it safe.

Some families I work with are in crisis, so I build a relationship using communication skills and active listening.

Social care gives you opportunities to develop, long term employment and a rewarding career. I never realised how many people used care and support services.

Social care means to me, making a difference to peoples' lives who really need it.

Referenced to WJEC – GCSE Health, Social Care and Childcare.

Part 1.1: Human Growth and development.

Part 1.3: Early Intervention, and prevention.

Part 2.3: Risks to health and well-being.

Teachers support

1. List the five life stages of growth and development.
2. Why is a secure attachment with care givers important to children?
3. Think of an item that maybe unsafe for a child found in a home?
(For example, a small battery).
4. Who would work in partnership with Claire?

